



SHERANDO H.S. WINTER GUARD



Welcome!

Please scan and fill out the
sign in sheet.





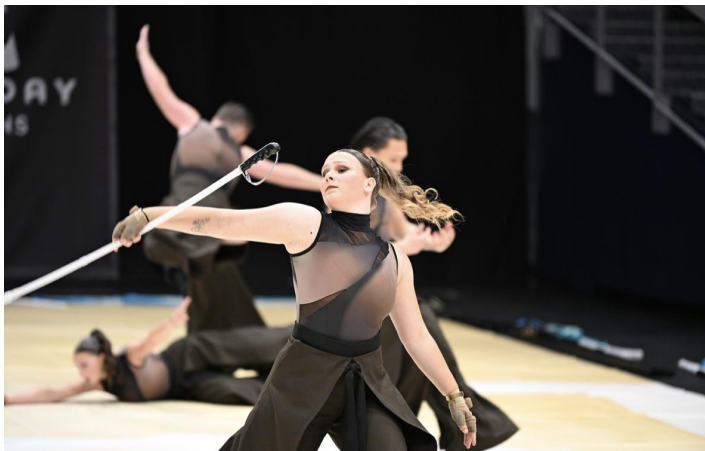
Overview

- Continue to grow color guard, performance, & movement skills
- Be a part of a strong team culture w/ a high success rate
- Make lifelong friends here at SHS & connect with groups all over the state/region
 - Day camps/contests including championships at Hampton Coliseum
 - Indoor Community Night
 - Apple Blossom Parade & Festivities



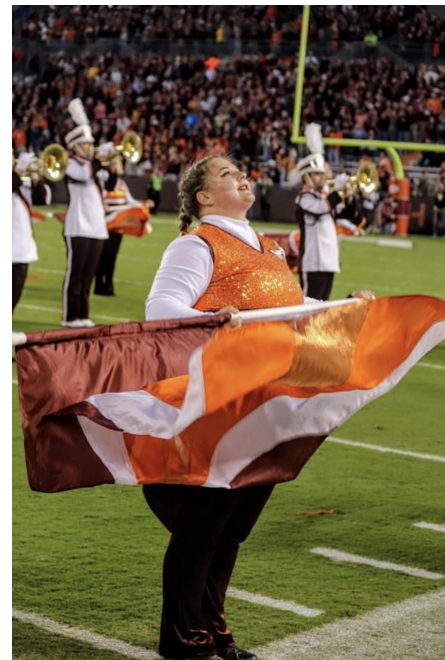


Staff Intros



Anneka Nestvogel

Mattea Krejci





Attendance

Extracurricular activity

- All evening rehearsals, day camps, contest days, & parades are mandatory
 - Missed rehearsals must be entered into Absence Form by Nov. 22nd, 2025
 - *Unplanned emergencies must be communicated to Mattea ASAP through Student Square or email whether tardy or absent*
 - If a winter guard contest schedule coincides with a District Band/Assessment/Honor Band, the student may need to make arrangements to travel to winter guard contest on their own in order to make the winter guard performance
 - *We have a final schedule 2 weeks in advance for winter guard performance times*
 - **Must make up what you missed before the next rehearsal**
 - A missed rehearsal/day camp may result in limited to no performance time
 - Work is NOT an excused absence. Please plan appointments accordingly as well.
- Team sport—must be present and attentive to grow
- Any winter guard participant will be required to march in both Firefighter's & Apple Blossom parade—playing in band or spinning with color guard



Rehearsal Etiquette

- Being on time is 10 min early. Being on time is late. Being late is unacceptable.
- Attire: black leggings/shorts; t-shirts or tank tops; hair out of face; NO JEANS; athletic tennis shoes
- Minimal talking, positive attitude, leave all drama at home---Guard is for guard.
 - If an issue arises during “guard time”, please address to Mattea immediately. All will be handled on an individual basis.
- Show respect to all team members, staff, parents, & other guards
- If you have a prior injury, please let know Mattea know & take care as needed (ice at night, wear a brace, etc.)



Auditions

ALL students interested in winter guard must audition.

- In order to audition for weapon, students must have 2 seasons with SHS guard (fall and/or winter guard)
- Wednesday, November 5th: 6-9pm
 - Review technique-Flag, rifle, sabre, movement
 - Learn dance choreography routine
- Monday, November 10th: 6-9pm*
 - Students selected randomly to perform in groups.
 - Begin with flag technique, movement choreography, then weapon auditions.
 - Auditions will be recorded for judging panel unable to attend.
- Wednesday, November 12th: Members announced through the Band Google Classroom, Student Square, and posted on the guard room door.



Auditions

SHS Winter Guard Audition Criteria 2025

Flag Technique	Rifle Technique	Sabre Technique	Dance Choreography
Right Spins, Right Flourishes w/body into Left spins, left flourishes w/body	Right & Left Spins w/body into Right & Left stop drill w/body **Right spins=left foot initiating; Left spins=right foot initiating	Right & Left Spins w/body into right & left flourishes w/body **Right spins=left foot initiating; Left spins=right foot initiating	Movement execution
Right cones, right pole hits w/ pop toss into left cones, left pole hits w/pop toss	Right & Left Flourishes w/body into Left & Right Backhands (x2)	Singles	Performance
Right & left Silk single toss (x3)	Singles	Doubles	Musicality
Right Single pole toss & J toss (x3)	Doubles	Triples	
Left Single pole toss & J toss (x3)	Triples	Quads	
Cross Toss	Quads	Single Parallel	
Pizza Toss	Single Parallel	Single Blade Toss	
Angle Toss	Angle Toss	Double Blade Toss	
Drop spins with tendu+plie temlie	Working towards quints/5's	Triple Blade Toss	
		Right Fishtail	

Does not Understand	Sometimes Understands	Consistently Understands
1	2	3 



November

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Assessment & Freedom
2	3 No School	4 No School	5 WG Audition Prep 6p-9p	6	7 Football Game CT:4:30pm Kickoff: 7pm	8
9	10 WG Auditions 6p-9p	11	12 Roster Announced	13	14	15 WG Camp 8a-4p
16	17 WG Rehearsal 5-8pm	18	19 WG Rehearsal 7-10pm	20	21	22 WG Camp 8a-4p
23	24 WG Rehearsal 5-8pm	25	26 No School	27 No School	28 No School	29
30	1 Winchester Xmas Parade					



December

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Winchester Xmas Parade	2	3 WG Rehearsal 7p-10p	4 Winter Band Concert	5	6 WG Camp 8a-4p
7 Middletown Xmas Parade	8 WG Rehearsal 5-8pm	9	10 WG Rehearsal 7p-10p	11	12	13 WG Camp 8a-4p
14	15 WG Rehearsal 5-8pm	16	17 WG Rehearsal 7p-10p	18	19	20 WG Camp 8a-4p
21	22 No School	23 No School	24 No School	25 No School	26 No School	27
28	29 WG Camp?	30 WG Camp?	31 No School			



January

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 No School	2 No School	3
4	5 No School	6	7 WG Rehearsal 7-10	8	9	10 WG Camp 8a-4p
11	12 WG Rehearsal 7-10	13	14 WG Rehearsal 7-10	15	16	17 WG Camp 8a-4p
18	19 WG Camp No School	20	21 WG Rehearsal 7-10	22	23	24 Gainesville HS Contest
25	26 WG Rehearsal 7-10	27	28 WG Rehearsal 7-10	29	30	31 WG Camp 8a-4p



February

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 WG Rehearsal 7-10	3	4 WG Rehearsal 7-10	5	6	7 Forest Park Contest District Band CG 1st/coming out
8	9 WG Rehearsal 7-10	10	11 WG Rehearsal 7-10	12 Pre-Assessment Concert	13 No School	14 WG Camp 8a-4p
15	16 No School	17	18 WG Rehearsal 7-10	19	20	21 Woodgrove HS Contest
22	23 WG Rehearsal 7-10	24	25 WG Rehearsal 7-10	26	27	28 WG Camp 8a-4p



March

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 WG Rehearsal 7-10	3	4 WG Rehearsal 7-10	5	6 No School	7 South County Contest Concert Assessments
8	9 No School	10	11 WG Rehearsal 7-10	12	13	14 WG Camp 8a-4p
15	16 No School	17	18 WG Rehearsal 7-10	19	20	21 Tuscarora HS Contest
22	23 WG Rehearsal 7-10	24	25 WG Rehearsal 7-10	26 Community Night	27	28 AIA Champs (Overnight)
29	30 No School	31 No School				



Fees / Expenses

- \$300 Winter Guard
 - Includes show design, staff, transportation costs, registration fees, equipment/uniforms
- *Additional championship hotel fee will be determined in Jan/Feb.*
- Fundraising opportunities
 - T-shirt sponsorships, Guard/perc custom sheets, Krispy Kreme, Raise Right
 - Payment plans-\$100 due 11/24/25; \$100 due 12/20/25; \$100 due 01/17/26
 - \$150 band fee must be paid in order to participate in indoor season
- Students will be responsible for purchasing the following: foundation, mascara/eyeliner, hair supplies, black attire (leggings, t-shirt/tank top), and Guard Jacket (for new members)

****Weekly payment plans are available!**



2025-2026 SHERANDO WINTER GUARD FUNDRAISER

SPONSOR MY INDOOR SEASON!

GUARD MEMBER: _____

\$5 - FLAG LEVEL, \$10 - RIFLE LEVEL, \$20 - SABRE LEVEL

PAYMENT METHODS ACCEPTED:

ALL DONATION SPOTS ADD UP TO THE REQUIRED \$300 WINTER GUARD PARTICIPATION FEE

CASH OR CHECK MADE OUT TO "SHSBBBA"





T-Shirt Sponsorships



- \$50 for business name listed on the back of Winter Guard Show Shirt _____
- \$150 for small size business logo on Winter Guard Show Shirt _____
- \$250 for medium size business logo on Winter Guard Show Shirt _____
- \$500 for large size business logo on Winter Guard Show Shirt and Group Photo to display at your business _____

• Due January 17th, 2025

\$50 Level "SHS Bands" (text only)

SHERANDO



\$150 Level **WARRIORS**

SHERANDO



\$250 Level **WARRIORS**
SHERANDO



\$500 Level **WARRIORS**

+ Photo for Business

****Logos will be printed in black & white unless otherwise noted



Krispy Kreme

Sherando Band Krispy Kreme Fundraiser

Key Dates:

- **October 6:** order forms sent home with students
- **October 27, 4:00PM:** orders and money DUE
- **November 8 (10:00 AM - 11:30 AM):** doughnut, coffee, certificate pick up
 - It is the student's responsibility to pick up goods and deliver to their supporters.
 - Pick up will be held at 103 Twigg Court, Stephens City

Prices and Profits:

Item	SHS selling price	* Profit
Glazed doughnuts	\$14	\$6.25
Filled/Specialty doughnuts	\$16	\$7.25
Coffee (regular/decaf)	\$10	\$3
Certificate	\$15	\$7
BOGO card	\$25	\$12

* Profits will be split 50/50 between Band Boosters and student's account

- Orders due 10/27/25
- Order pick up on 11/8/25



Volunteering



- Transport 6'X12' trailer to and from contests
 - Potentially to/from Aylor
- Prop volunteers
- Bus chaperones
- Volunteers for fundraisers
- Attend Band Booster meetings/on the board



Communication

- Band website:
www.sherandoband.org
- Mattea Krejci -
krejcim@fcpsk12.net
- Student Square



Next Steps...

- Complete sign-in/information form
- Check out equipment & review technique videos
- Attend Wednesday, 11/5/24 6:00-9:00pm rehearsal to learn audition routines
- Auditions-Monday, 11/10 6:00-9:00pm in the auditorium